SWIMMING COUNTIES MANUKAU

1500 / 800 METRE LAP CHART

Lanes 8 > 1

DISTANCE TO SWIM									LAP COUNTER
1500	LANE 8	LANE 7	LANE 6	LANE 5	LANE 4	LANE 3	LANE 2	LANE 1	29
1400									27
1300									25
1200									23
1100									21
1000									19
900									17
800									15
700									13
600									11
500									9
400									7
300									5
200									3
100									1

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